

CERTIFICATE OF PARTICIPATION

This is to certify that

Elmar Lamont

Has successfully participated & completed the
16km Namaqua Quest Trail Run 2018 - Day 3

held at Namaqua.

TIME 02:55:46

PACE 10:58/km
OVERALL 34 of 40

GENDER 15 of 20
50 - 59 5 of 6

25 August 2018, Sat

Date



BoutTime

Signature

